

Lindsey Littlefoot's **BIG CHOICES**

Help Lindsey Littlefoot make the best choices.

For each situation, circle the most environmentally friendly choice.

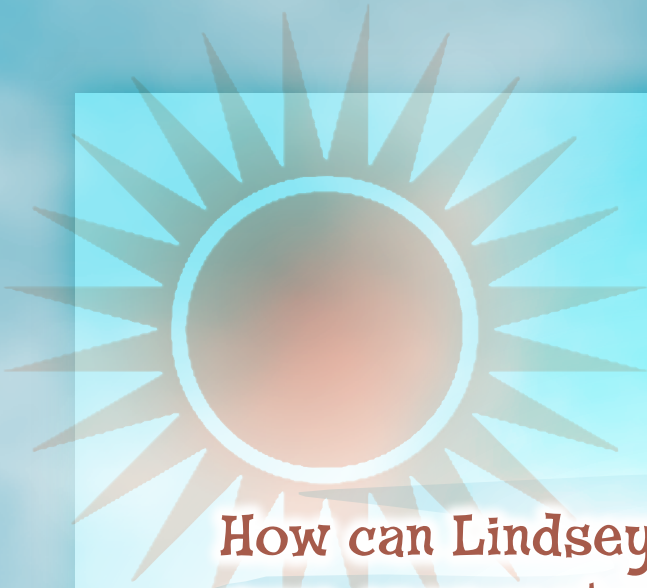
Remember: It is not about right and wrong choices, it is about making better choices!

What should Lindsey eat for breakfast?

- a. Cereal and an apple from the farmer's market
- b. Get food "to go" at the Quickie Breakfast Restaurant
- c. Frozen, pre-packaged waffles



Visit www.kidz.asm.cagov to discover the best BIG CHOICES.

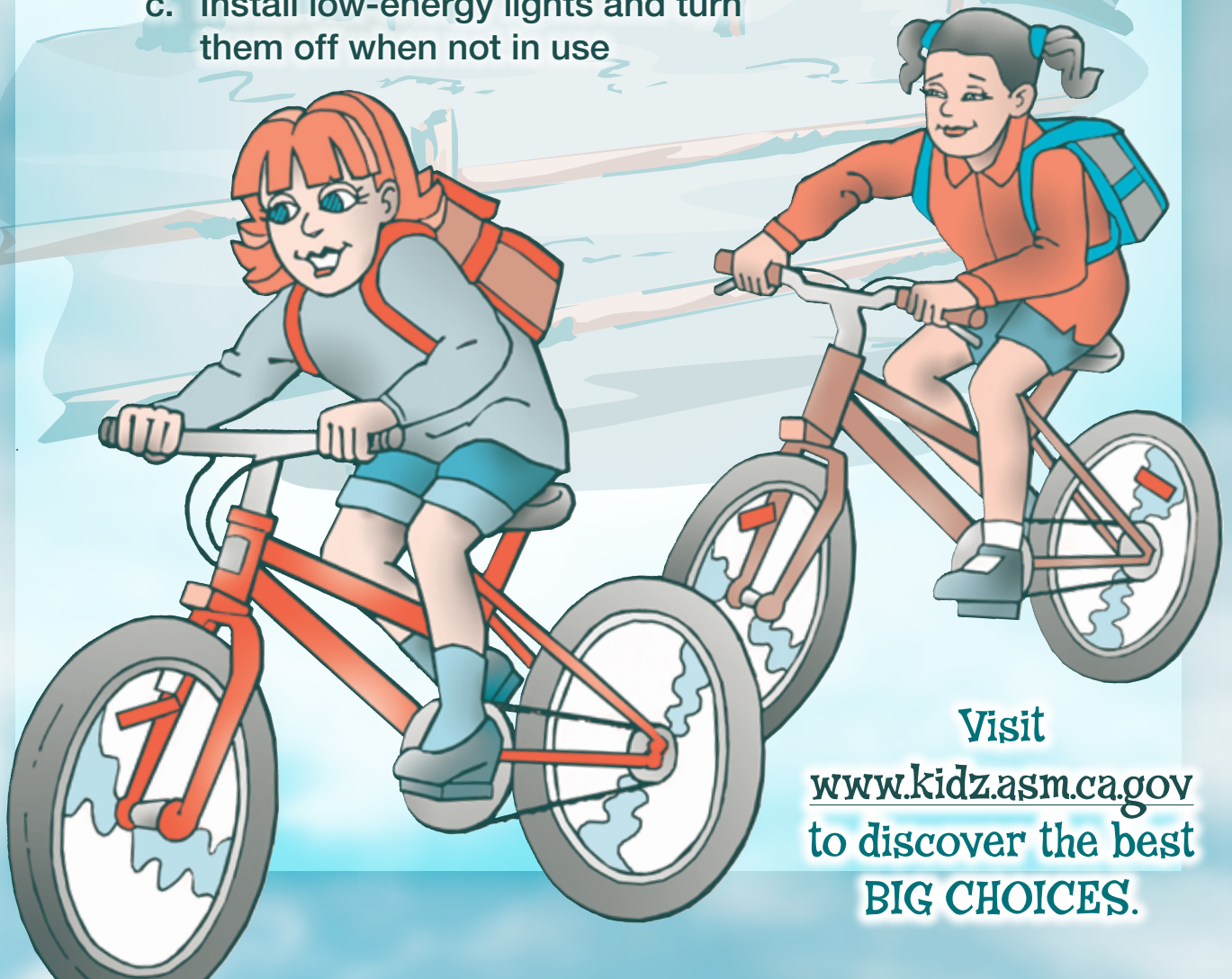


How should Lindsey travel to school?

- a. Car
- b. Bus
- c. Bike or walk

How can Lindsey and her friends save energy at school?

- a. Turn off lights when not in use
- b. Let in natural sun light by opening window shades
- c. Install low-energy lights and turn them off when not in use



Visit
www.kidz.asm.ca.gov
to discover the best
BIG CHOICES.

How should Lindsey pack her lunch?

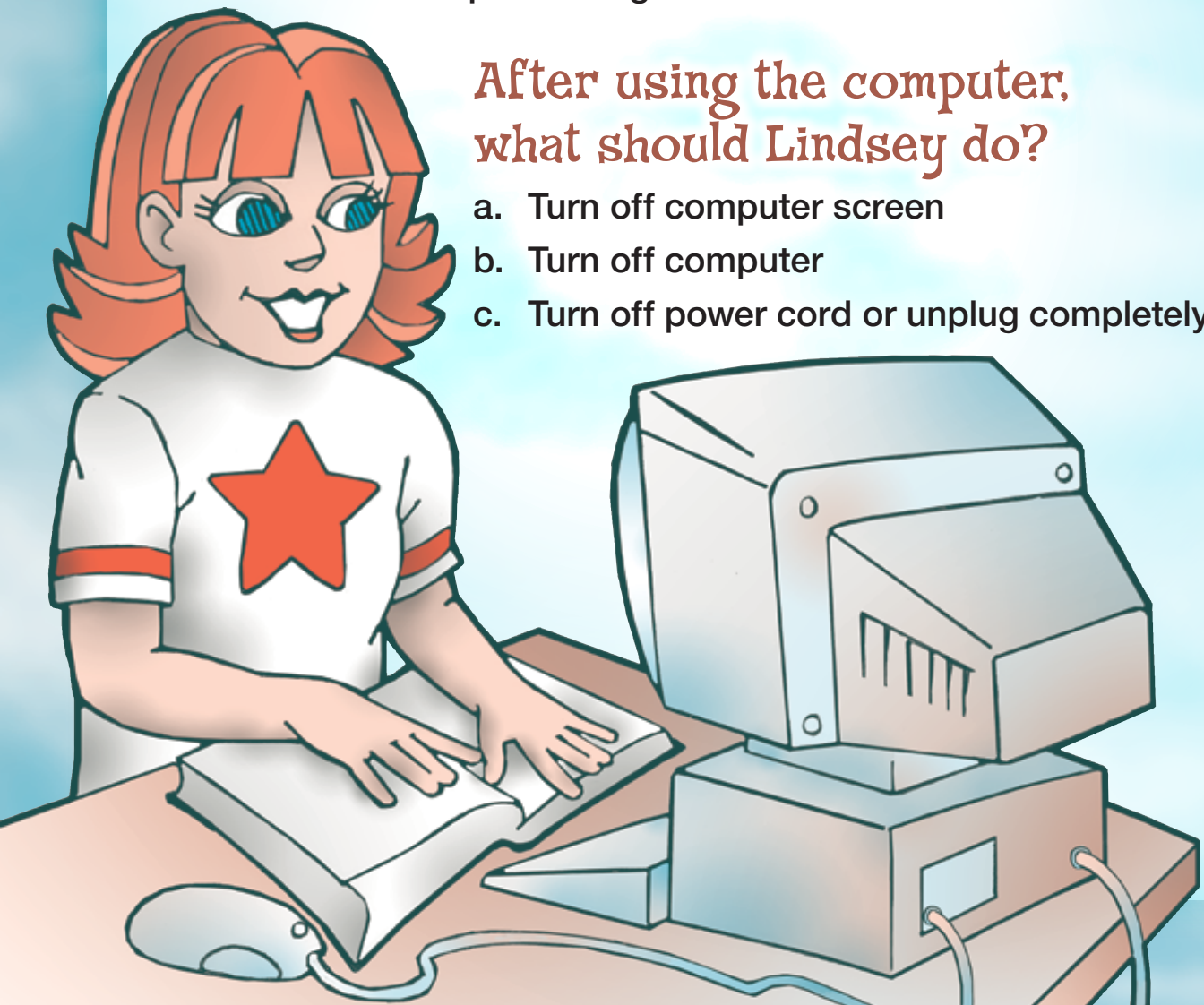
- a. Use reusable containers
- b. Bring paper bag lunch
- c. Buy pre-packaged lunches

When food shopping, how should Lindsey carry her groceries?

- a. Reuse old plastic bags
- b. In reusable canvas bags
- c. Get plastic bags from the market

After using the computer, what should Lindsey do?

- a. Turn off computer screen
- b. Turn off computer
- c. Turn off power cord or unplug completely



What should Lindsey eat for dinner?

- a. Chicken and Green Beans
- b. Steak, macaroni and a soda
- c. Go out to eat

What should Lindsey do with paper, once it has been used?

- a. Make a paper hat
- b. Throw it in the trash can
- c. Put it in the recycling bin



Visit
www.kidz.asm.ca.gov
to discover
the best
BIG CHOICES.